

## Wrist-Assist Provides Relief for Muscle Fatigue



A 24-year nail veteran and owner of R.S. Innovations, Robin Stopper developed the Wrist-Assist to ease the repetitive strain issues associated with doing nails. A fibromyalgia-sufferer, Stopper found the muscle fatigue from bending, lifting, and manipulating her clients' hands had become unbearable. Rather than quit the business, she came up with a solution.

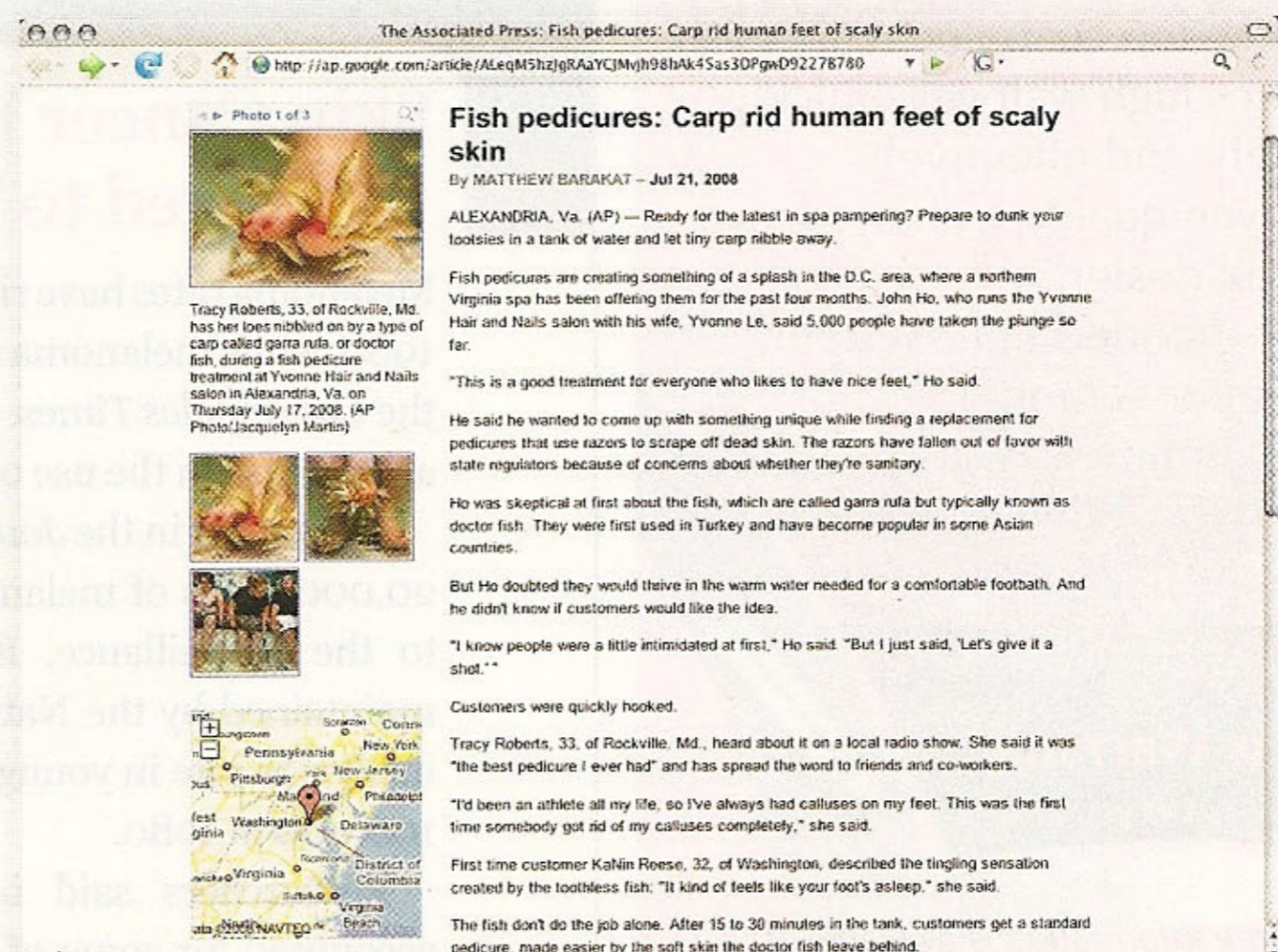
"I realized the need for a product that would support and elevate the clients' hands, while still allowing free movement in all directions," says Stopper. "The Wrist-Assist rolls, which allows the technician to position the clients' hands as close as necessary, improving posture and reducing fatigue. The ergonomic design raises clients' hands to the proper elevation." The result of using the Wrist-Assist, says Stopper, is reduced muscle fatigue in the technician's back, neck, hands, and wrists, along with increased client comfort."

For more information, go to [www.nailsmag.com/fifi/21451](http://www.nailsmag.com/fifi/21451).

## INTA Denounces Fish Pedicures

The International Nail Technicians Association (INTA) has come out against the "fish pedicure" being performed by a salon in Virginia that was the subject of a flurry of media coverage in July. The service requires clients to place their feet into a tub containing approximately 100 small carp that nibble dead skin from the callused areas of clients' feet. The INTA opposes "any such technique that could cause potential harm to the consumer as well as the long-term viability of the professional nail industry."

Says Dr. Robert Spaulding, the author of *Death By Pedicure* and *The Science of Pedicures*, "This type of service should not be allowed or approved by state cosmetology boards in any type of salon. Basically, it departs from any known convention of appropriate approved disinfection standards." >>>



Fish pedicures made quite a splash in the media over the summer.