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# A Lifesaver

When nail tech Robin Stopper was diagnosed with fibromyalgia 10 years ago, her doctors said she must give up the career she loved. But with a burgeoning business and successes in the competition and education arenas, Stopper wasn't going to give up without a fight. Instead, she took the next logical step—she expanded her business by designing the Wrist-Assist. "I needed a tool that would lift and stabilize clients' hands for me and decrease the muscle fatigue in my hands, wrists, neck and back. I could not have continued my career without this tool," Stopper says. "It has dual benefits: to promote a healthy working position for the nail technician as well as maximize client comfort." For more information on Wrist-Assist, visit [rsinnovations.net](http://rsinnovations.net).

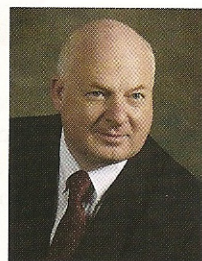


## Med School

Nailpro contributor and editorial advisory board member Janet McCormick has a new project—



**Janet McCormick**



**Dr. Robert Spalding**

she's collaborating with longtime industry advocate Dr. Robert Spalding for a new series of online courses that will train nail techs to work with physicians. The Advanced Nail Technician course, available online at the MediNail Learning Center website ([medinail.com](http://medinail.com)) or hands-on at the center's location in Chattanooga, Tennessee, covers the ins and outs of becoming a nail tech who works with doctors. It also comprises the first two modules of a 10-module course that will result in the designation of Certified Medical Nail Technician (MNT). Spalding explains that the need for such a title is growing as baby boomers age. "[Podiatrists] are not here to trim toenails and reduce calluses, but we are doing that instead of serious care," he says. "Podiatrists all over the United States are eager to refer their patients to a technician who knows what she's doing or to hire those trained as MNTs." Email [info@medinail.com](mailto:info@medinail.com) for further details.